

## Basic Information on Patch Testing

### Possible combinations of appointments

**Mon.**, \_\_\_\_\_ **Wed.**, \_\_\_\_\_ **Thu.**, \_\_\_\_\_

**Tue.**, \_\_\_\_\_ **Thu.**, \_\_\_\_\_ **Fri.**, \_\_\_\_\_

On your **1st appointed day** allergy diagnostic patches will be applied onto your back.  
Please come back for removal **after 48 hours**  
On your **2nd appointed day** (3 days after patch application) results can be read out.

During test phase please keep in mind:

1. keep your back dry (no wash, no shower, no sweat)
2. no sunbath
3. if patch gets detached, fix with additional tape.
4. sometimes there's itching in test region. Please don't scratch.
5. if redness of skin or other alterations in test region develop after reading out, please report immediately.
6. please wear old clothes during test phase, as contamination is possible.
7. don't take steroid containing and local immunomodulating (Elidel, Protopic) drugs during test phase.
8. the patch test cannot be performed if larger areas of the back is tattooed.

We would like to point out that in a few cases – especially due to hair styling substances - there is a possibility of severe skin reaction and/or scarring.