

Information patch test (epicutaneous test)

Your personal appointment on (please check applicable combination of dates)

- Mon.**, _____ **Wed.**, _____ **Thu.**, _____
- Tue.**, _____ **Thu.**, _____ **Fri.**, _____

Test procedure

For the epicutaneous test to determine an allergic reaction

- a patch is stuck to your back at the **first arranged appointment**,
- this is then removed by us **after 48 hours**,
- and on your **third day** (three days after the start of the test), the result is read.

Please note the following points

- Please keep your back dry.
- Do not sunbathe.
- If the plaster starts to come off, please use an additional adhesive strip to fix it in place.
- Sometimes, itchiness may occur in the test area. Please resist the urge to scratch!
- If skin redness or other changes occur at the test sites after the reading (so-called delayed reactions), please inform us thereof immediately!
- On the test days, please wear old clothing, since it may get contaminated.
- Seven days before and during the patch test, do not use any cortisone-containing or local immunomodulatory medications (Elidel®, Protopic®) anywhere on your body.
- If you have a lot of hair on your back, please shave 1-2 days before the test.
- If large-scale tattoos are present on the back, the test cannot be carried out.
- We would like to point out that in individual cases – particularly with hair products – there is the possibility of a severe skin reaction including scarring.

Please inform your doctor of any medications you are taking.