

Information sheet dietary consultation

Your personal appointment on _____

We advise you in the case of:

- **Lactose intolerance**
- **Fructose malabsorption**
- **Sorbitol intolerance**
- **Histamine intolerance**
- **Coeliac disease**
- **Food allergies**
- **Cross-reactions with pollen allergies**
- **Pseudoallergies**
- **Other conditions e.g. gastritis and reflux**

If you have been diagnosed with a **food intolerance** (e.g. lactose intolerance, histamine intolerance), the next step is **nutrition therapy**. You'll find out how to implement this therapy in the dietary consultation.

If it is **suspected** that you may have a **food intolerance**, again, the next step is **nutrition therapy**. Please bring the Allergy Centre food diary with you to the dietary consultation.

You can **make an appointment** for a dietary consultation online at www.allergiezentrum.at/termin or by telephone at 01/982 41 21.

Costs of the dietary consultation

The costs of the dietary consultation will be charged according to the actual time taken: €60 incl. 10% VAT for 30 min, €90 incl. 10% VAT for 45 min, €120 incl. 10% VAT for 60 min (prices valid until 31.12.2025). Please note that the additional services requested by you cannot be settled with your social insurance agency and must therefore be paid for privately. If you fail to show up for your appointment without providing good reason, you will still be charged for a 60-minute dietary consultation. Please ask us if there is anything you do not understand.

Vienna, _____
Date

Signature of patient or legal guardian (if one parent is signing by themselves, they declare with their signature that they have sole custody or that they are acting in agreement with the other parent).